



RECIPES

Broccoli Garden Salad serves 4-6

- 2 cups coarsely chopped broccoli
- 1 cup coarsely chopped cauliflower
- 1 cups diced Roma tomatoes
- 1½ cups avocado pieces
- 1 cup thawed frozen corn
- ¾ cup chopped or sliced black or green olives
- ½ cup chopped jicama
- ½ cup chopped Cremini mushrooms

Additional Options to taste:

- Cucumber
- Cilantro
- Asparagus pieces
- Crook neck squash

Combine all ingredients into salad bowl and toss with dressing.