

# Raphaology® Medicine Table of Colors, Organs, Herbs, and Foods

<u>Color</u>	<u>Gland &amp; Organ</u>	<u>Herbs</u>	<u>Foods</u>
<b>Gold</b> Mind- Inyan	<b>Pituitary Gland</b> Gallbladder Large & Small Brains Spleen Teeth, Sinuses Tonsils	Marigold (Calendula) Alfalfa Chamomile Witch Hazel Lemon Balm (Melissa) Blue Flag	Lemon Raspberry Avocado Grapes (red, blue, purple) Red Onion Leeks
<b>Yellow</b> Focus- Chapi	<b>Pineal Gland</b> Inner Ear Liver Bones	Mustard Suma Leaves Hawthorne Leaves Marshmallow	Apricot Ginger Crook Neck Squash Barley
<b>Green</b> Self Identity- Chanli	<b>Thyroid</b> Eyes, Olfactory Taste Buds Spinal Chord Nerves	Cayenne (Capsicum) Myrrh Red Beet Horseradish	Rosemary Broccoli Guava Passion Fruit
<b>Blue</b> Motivation- Wagle Shun	<b>Nipples</b> Heart, Lungs Respiratory Tract Lymph	American Ginseng Yerba Santa Cranberry Golden Rod	Cilantro Mandarin Orange Figs Bananas (after 5hrs in sun)
<b>Violet</b> Relations- Yumeni	<b>Kidneys &amp; Adrenals</b> Bladder Skin Solar Plexus	Sarsaparilla Kava-Kava White Willow Bark Passion Flower	Papaya Tomatoes/Roma Pineapple Hawthorne Berry
<b>Orange</b> Balance- Wi	<b>Pancreas</b> Appendix, white cells Colon, Bile duct Stomach, Small Intestine, Pancreas duct	Thyme Raspberry Leaves Gotu Kola Centauray	Kidney Beans (red) Kiwi Red Potatoes Plums
<b>Red</b> Peace- Luta	<b>Testicles, Ovaries</b>	Anise Seed Noni (Morinda) Juniper Berry Angelica Rt. (Dong Quoi) Chaste Berry Yellow Pansy	Mango Wheat Corn Pear Fenugreek Chocolate (cocoa bean)

