



## RECIPES

### Fettuccini Alfredo serves 4-6

Cook and drain 1 lb. Whole wheat or brown rice Fettuccini pasta

Sauce:

1 cupped chopped leeks or red onion

½ tsp. dried thyme and rosemary

1 T. dried cilantro

Combine and sauté in 1-T. extra virgin olive oil, then set aside.

Melt 1 cube unsalted butter in heavy saucepan

Add 2 cups heavy whipping cream

Add 2/3 cup grated sheep milk Pecorino Romano cheese

Add 1/3-cup soft goat milk cheese

And ¼ tsp. Real Salt

Bring to boil and remove from heat. Add sautéed ingredients and stir gently.

Serve over Fettuccini pasta.