



## Save Our Planet

### Earth Healing

Human Waste Causes Dis-Ease in Air, Land, and Water

By Morning: Spirit: Wolf-D.R.M.

For every million tons of waste that is promoted as recyclable goods another million tons of harsh and noxious chemicals with harmful and destructive by-products are used to clean, sterilize, melt down, and turn old waste into new toxic products. Old paper bags recycled into napkins, toilet and writing paper, old plastic products recycled into carpeting and drinking bottles, and old cardboard boxes becoming new packing materials are NOT the answer. We must stop treating the symptoms of our parasitic presence as a virus on the earth, and go to the origin of the problem: we must eliminate our need for: flashy packaging to sell a product, disposable convenience, and ignoring the consequences of using non-biodegradable, earth un-friendly, carcinogenic toxins on the earth, humanity, and our precious life supporting elements.

In the same way that using mercury based and fluorescent lighting to save energy is creating yet another toxic waste hazard, recycling in general creates more toxins for the earth to break down and detoxify. We must stop re-creating noxious conditions.

Everybody knows that we are what we eat, and the same goes for our planet. Our earth mother has a digestive system similar to ours; what we force her to consume is what she becomes. Right now she is working to regain her immune system after we have polluted her air, land and water; crippling her recovery process. She has supported our lives, now it's our turn to support hers. We can seriously cut back, cut out, and cut off our need for excess and convenient "stuff" and re-learn to enjoy natural and simple goods.

We are the Earth's caretakers. By valuing our health as our wealth, let's make the earth wealthy with her abundance and we will enjoy the fruits of our efforts together.

### **BECOME EARTH FRIENDLY**

in 10 Easy Ways

1. Re-use your own glass bottles and insist on NO-PLASTIC and NO-ALUMINUM from manufacturers
2. Use natural and full spectrum lighting
3. Use solar and wind power wherever possible
4. Take re-usable bags for groceries and other shopping needs
5. Use home-made and hand-made goods
6. Grow your own food from composted soil
7. Exchange goods, services, and products with friends and eliminate marketing and packaging
8. Buy bulk and save on packaging
9. Write to manufacturers expressing your desire for less packaging and pollution free processes
10. Correspond with consumer groups and promote eco-friendly consumption

Remember that you cast your vote for planetary health with every dollar you spend and product you use. Start putting your energy into saving earth's energy and resources today!