



Turmeric; Curcumin Naturally Block Cancer Cells

By Morning: Spirit: Wolf-D.R.M.

Rich in anti-inflammatory elements, Turmeric, and its derivative curcumin, play a primary and powerful role as anti-cancer substances. New research sheds even more light on the amazing ability of both turmeric and curcumin to actually *block cancer and tumor growth, an inhibit metastasis*.

This is due to the unique ability of a main component in turmeric that is actually able to block an enzyme that promotes the spread of head and neck cancer.

Curcumin — the primary component in turmeric also responsible for its color — exhibited these cancer-blocking properties during a study involving 21 participants suffering from head and neck cancers at UCLA. The subjects were given two chewable curcumin tablets containing 1,000 milligrams of the substance each. After administering the chewable curcumin tablets, an independent lab in Maryland was in charge of evaluating the results.

The Maryland lab found that the enzymes in the patients' mouths responsible for promoting cancer spread and growth were inhibited by the curcumin supplementation. As a result, the curcumin intake halted the spread of the malignant cells.

Curcumin has previously been found to reduce tumors by 81% in similarly shocking research, which also gives credence to the natural anti-cancer benefits of turmeric and curcumin intake.

Already known to reduce joint, tissue, and muscle inflammation, turmeric, a highly prized Indian spice predominantly found in curry, has been used for thousands of years for arthritis, rheumatism, digestive stimulation, and as a diuretic.

Many turn to the properties of curcumin for its medicinal capability of reducing swelling due to uric acid in the bursa of joints and in cellular fluid, and flushing excess lactic acid from muscle that produce pain and edema. Curcumin also contains bioflavonoids that increase absorption of vitamins into cells, arteries, and ducts, speeding healing capability and immune capacity body wide.