

2017 Bio-Abundant Farming Conference Programme

Based in the styles of Biodynamic and Permaculture

June 23-25, 2017 Friday through Sunday

Mission Statement:

To learn and apply awareness of living soil, microbes, structured water, and light nutrients into our food supply for optimum health and consciousness.

Friday

Program begins at 5:00 pm

Welcome (indoor) by Morning: Spirit: Wolf, DRM
Reconnecting with earth, the birth of soil, and understanding the living sub-microsphere that feeds plants and delivers nutritive health to us.

Story of Knoll Organics (indoor) by Kristie Knoll
Her-story of the burgeoning to mature farm, its growing pains, and the struggles and successes of remaining truly organic in an agriculturally and commercially toxic world.

**Development of Bio-Abundant Farming (indoor)
by Rick Knoll, PhD.**

His-story of being the biochemist that materialized his dream by combining experience, intuition, and Bio-dynamics to create the environment that produces foods capable of supporting life with inoculations of healing nutrients for humanity and earth.

Dinner 7:00 pm

**How Mineral Depleted Soil Alters Health (indoor)
by Morning: Spirit: Wolf, DRM**

Introduction to the food and health crisis due to GMO, pesticides, & mineral soil depletion; it's impact on humans, earth, and environment. Watch "Forks over Knives" documentary with snack.

Saturday

Breakfast 8-8:30 am

Beekeeping in the Field (outdoor) by Alan
Bee lover and expert shows us the joys and practicalities of bee keeping, stages of bee life, pollen, honeycomb & honey collecting, and...

Bee Gardens (outdoor) by Kristie & Morning
Bee the solution to the bee crisis, learn to cultivate bee gardens to attract and feed bees, identify native bees, and bee importance of pollination to food.

Lunch 1:00 pm

Touring the Farm by Rick Knoll, PhD.
A foot journey through the magic of growing food for sustainability, profit, earth healing, red worm farming, liquid microbes, planting & germinating seeds, and mindfulness of ecological preservation.

**Meditation in the Fields of Knoll (outdoor)
by Rick Knoll, PhD.**

Commune with nature, enjoy guided meditation in buckwheat fields, under the fig trees, and imagining the plant divas sprinkling magic and miracles into the field.

Dinner (outdoor) 7:00 pm
Outdoor stone baked whole grain pizza, garden salad, & farm fresh fig and goat cheese dessert.

**Why Eat & Grow Peak Frequency Foods (indoor)
by Morning and Rick**

Presentation on Peak Frequency foods, how they benefit our bodies and the earth's, why we need soil nutrients, and the grow-your-own-food for health movement.

Drumming Circle Ceremony (outdoor)
Please bring your drum and join in the shamanic healing circle of human/earth heart rhythm synchronization and energetic flight.

Movie Night: "Food Matters"
Delightful documentary about the multiple ways in which food affects the health of humanity, earth, and the environment, and what we can do about it.

Sunday

Breakfast 8-8:30 am

**Identifying Field Medicinal Herbs & Foods (outdoor)
with Rick & Morning**

Guided stroll through the farm to identify, taste, and learn the medicinal and boosting benefits of herbs and foods.

Mud Bath (outdoor) by Rick
Bury your feet and legs in medicinal red worm castings, smear your skin, and let the sun energy combine to draw toxins and infuse nutrients.

Lunch 1:00 pm

**Urban and Backyard Abundant gardens (indoor)
by Morning**

Using household and disposable resources - grow herbs and food in limited space.

Farewell and Bon Voyage by Morning
Summary of the weekend, gratuities, and snacks for the road.