

Homework for Attendance at Practicum #1

For those interested in going deeper into the practice of Raphaology, either as a caring friend or family member, or moving on to become a Raphaology Practitioner, mastering the Mini-Session and completing this homework is the next step.

In Practicum #1 the complete geography of the feet is learned, and coming in with knowing the Sweet Spot is a great advantage, both for you and your patrons. To deepen your knowledge and hone your skills and confidence the following is required for attendance in Practicum #1:

- Complete 6 mini-sessions on 6 different people, or complete 3 mini-sessions on each of 2 people
- Retain a copy of the Tester sheet for each patron
- Make a copy of each Take-home sheet for each patron
- Write your experience by way of responding to these four inquiries:
 1. Give a general explanation of your mini-sessions, including how you felt and how you interpreted they way your patrons felt
 2. Where there any unique or challenging situations?
 3. What was your level of confidence in testing the sweet spot, using the colors, checking for supplements, and suggesting foods?
 4. Write any comments, questions, and feed-back concerning

Write your name on each of the 6 Tester sheets and 6 Take-home sheets, and bring the copies along with your written responses to Practicum #1.

Ideal Mini-Session Candidate as Patron

Remember that no one can heal for us, and no one has to heal alone. This means it is not your job to heal anyone, rather to support their healing process, and provide the resources for them to heal their self.

Since the mini-session is a beginning procedure, and you are building your self-healing skills, self trust and confidence, we suggest you not take on a patron with complex, advanced, or chronic illness, and use the following guidelines as a way to accept a patron into your care:

- No diabetes, cancer, MS, RA, CP or any other critical label
- Taking little to no prescription medications
- Has an open mind and willingness to self-heal
- Is aware of their body, emotions, and mental function